



# AL November Calendar



| Sunday   | Monday | Tuesday | Wednesday | Thursday | Friday   | Saturday  |   |
|--|--------|---------|-----------|----------|--|-----------|---|
| <h1 style="text-align: center;">Birthdays</h1> <p>Cecelia ~ November 4<br/>Judith ~ November 4<br/>Tina Is Turning 99 ~ November 13</p> <p>Kathy ~ November 10<br/>Pat D. ~ November 27</p>  |        |         |           |          | 1<br>8:30  | 2<br>8:30 |   |
|  |        |         |           |          | <b>BREAKFAST TIME!</b>   |           |   |
| <h1 style="text-align: center;">Hello</h1>  <h1 style="text-align: center;">NOVEMBER</h1> <p style="text-align: center;"><b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b></p> |        |         |           |          | <p>10:30</p>  <p><b>Catholic Service</b></p> <p><i>Rachel at Catholic Service With MC</i></p> |           | <p>12:30</p>  <p><i>Lunch Time</i></p> |
|  |        |         |           |          | <p>11:30</p>  <p><b>Silver Sneakers</b></p>  |           | <p>3:30</p>                           |
|  |        |         |           |          | <p>12:30</p>  <p><i>Lunch Time</i></p>  |           | <p>There is<br/><i>Always</i><br/>SOMETHING TO BE<br/><i>Thankful</i><br/>FOR</p>   |
|  |        |         |           |          | <p>2:30</p> <p><b>FUN WITH RACHEL!</b></p>   |           |   |
|  |        |         |           |          | <p>3:30</p>   |           |   |



| Sunday                 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|--------|---------|-----------|----------|--------|----------|
| 3                      | 4      | 5       | 6         | 7        | 8      | 9        |
| 8:30                   | 8:30   | 8:30    | 8:30      | 8:30     | 8:30   | 8:30     |
| <b>BREAKFAST TIME!</b> |        |         |           |          |        |          |

## SITCOMS IN THE CINEMA

|  |  |   |  |   |   |  |  |
|--|--|---|--|---|---|--|--|
|  12:30<br>Lunch Time                | 10:30<br><br><i>Bible Study</i> | 10:30<br><br><i>Rosary</i> | <br><i>Nail Technician</i> | <br>HAIR SALON   | 10:30<br> Catholic Service |  12:30<br>Lunch Time                      |  |
| 2:00<br> BINGO!                     | Or 10:45<br><br>Candy Trivia    | Or 10:45<br>Left, Right, Center   | 10:30<br>Craft with Cathy  | 10:30<br> The CHOSEN   | <i>Rachel at Catholic Service With MC</i>   | 2:00<br> BINGO!                           |  |
|  GIVE Thanks WITH A grateful HEART | 11:30<br> DISCO aerobics        | 11:30<br>Exercise   | 11:30<br> Silver Sneakers  | Season 2 Begins!<br>11:30<br>Exercise   | 11:30<br> Silver Sneakers  | start each day with a grateful HEART<br> |  |
|  |  12:30<br>Lunch Time            |  12:30<br>Lunch Time       | 2:00<br>Community Time with Memory Care  |  12:30<br>Lunch Time  |  12:30<br>Lunch Time      |  |  12:30<br>Lunch Time |
|  | 1:00<br> Pet Therapy          | 2:00<br> Men's Coffee    | Trainride Through The Mountains<br>(In the cinema)   | 2:30<br> CHRISTIAN SERVICES                                 | 2:30<br> Assisted Living |  | 2:30<br>FUN WITH RACHEL!   |
|  | 3:30<br> BINGO!               |                          | 3:30<br> BINGO!          | 3:30<br> Assisted Living<br>(The Movie)<br>Popcorn & Drink | 3:30<br> BINGO!          |  |  |



| Sunday                 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|--------|---------|-----------|----------|--------|----------|
| 10                     | 11     | 12      | 13        | 14       | 15     | 16       |
| 8:30                   | 8:30   | 8:30    | 8:30      | 8:30     | 8:30   | 8:30     |
| <b>BREAKFAST TIME!</b> |        |         |           |          |        |          |

**SITCOMS IN THE CINEMA**

|   |  |  |   |  |  |  |
|---|--|--|---|--|--|--|
| <p>12:30  Lunch Time</p> <p>2:00 </p>   | <p>10:30 </p> <p>Or 10:45 </p>   | <p>10:30 </p> <p>Or 10:45 Cellophane Game</p> <p>11:30 Exercise</p>                                | <p>Nail Technician </p> <p>10:30 </p> <p>In ALL! All Welcome!</p>   | <p>HAIR SALON </p> <p>10:30 </p>   | <p>10:30 </p> <p>Catholic Service</p> <p>Rachel at Catholic Service With MC</p> <p>11:30 </p> <p>Silver Sneakers</p> | <p>12:30  Lunch Time</p> <p>2:00 </p>                                    |
| <p style="writing-mode: vertical-rl; text-orientation: mixed;"><b>SALUTE TO VETERANS</b></p> <p><b>VETERANS</b></p> | <p>12:30  Lunch Time</p> <p>1:00 </p> <p>Pet Therapy</p> <p>3:00 <b>VETERAN'S DAY PROGRAM</b></p> <p><b>VETERANS</b></p> | <p>12:30  Lunch Time</p> <p>2:00 Community Time with Memory Care</p> <p>3:30 <b>HAPPY HOUR</b></p> | <p>11:30 </p> <p>Silver Sneakers</p> <p>12:30  Lunch Time</p> <p>2:30 </p> <p>Peppermint Candy Decorations</p> <p>3:30 </p> <p>4:00 </p> <p>Pet Therapy</p> | <p>11:30 Exercise</p> <p>12:30  Lunch Time</p> <p>2:30 Crazy Mason Ice Cream Sundaes</p> | <p>12:30  Lunch Time</p> <p>2:30 FUN WITH RACHEL!</p> <p>3:30 </p>   | <p>FOREVER thankful</p> <p>ALWAYS grateful</p> <p>ABUNDANTLY blessed</p> |



| Sunday                 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|--------|---------|-----------|----------|--------|----------|
| 17                     | 18     | 19      | 20        | 21       | 22     | 23       |
| 8:30                   | 8:30   | 8:30    | 8:30      | 8:30     | 8:30   | 8:30     |
| <b>BREAKFAST TIME!</b> |        |         |           |          |        |          |

### SITCOMS IN THE CINEMA

|                            |  |   |  |   |   |                            |
|----------------------------|--|---|--|---|---|----------------------------|
| 12:30<br><i>Lunch Time</i> | 10:30<br>  | 10:30<br>                               | <i>Nail Technician</i><br>                 |   | 10:30<br>                                 | 12:30<br><i>Lunch Time</i> |
| 2:00<br>                   | <b>Coastal Pointe Store</b><br>                  | Or 10:45<br><b>Let's Play Checkers!</b> | 10:30<br>                                  | 10:30<br>                                 | <i>Rachel at Catholic Service With MC</i> | 2:00<br>                   |
|                            | 12:30<br><i>Lunch Time</i>                       | 11:30<br><b>Exercise</b>                | Or 10:45<br><b>Community Mural</b>         | 11:30<br><b>Exercise</b>                  | 11:30<br>                                 |                            |
|                            | 1:00<br>   | 12:30<br><i>Lunch Time</i>              | 11:30<br>                                  | 12:30<br><i>Lunch Time</i>                | 12:30<br><i>Lunch Time</i>                |                            |
|                            | 2:30<br>   | 3:00<br><b>Women's Tea</b><br>          | 12:30<br><i>Lunch Time</i>                 | 2:30<br>                                  | 2:30<br><b>FUN WITH RACHEL!</b>           |                            |
|                            | 4:00<br><i>Lee Thomas (HS Piano Teacher)</i><br> | 3:00<br>                                | 3:00<br><b>Chuck Fischer (Entertainer)</b> | 3:30<br><b>Armchair Travel To Germany</b> | 3:30<br>                                  |                            |
|                            |  |   |  |   |   |                            |



| Sunday                 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|--------|---------|-----------|----------|--------|----------|
| 24                     | 25     | 26      | 27        | 28       | 29     | 30       |
| 8:30                   | 8:30   | 8:30    | 8:30      | 8:30     | 8:30   | 8:30     |
| <b>BREAKFAST TIME!</b> |        |         |           |          |        |          |

**SITCOMS IN THE CINEMA**

|  |   |                                       |   |   |   |   |
|--|---|---------------------------------------|---|---|---|---|
| <p>12:30  Lunch Time</p>   | <p>12:30<br/><i>Thanksgiving Luncheon With Families</i></p>  | <p>10:30  Rosary<br/>Or 10:45 TBD</p> | <p>10:30  <b>CHRISTIAN SERVICES</b><br/>In AL! All Welcome!<br/>Or 10:45 TBD</p>  | <p>HAPPY <i>thanks giving</i></p> <p>Don't Forget To Watch The Macy's Thanksgiving Parade</p> | <p>10:30  Catholic Service<br/>Rachel at Catholic Service With MC</p> | <p>12:30  Lunch Time</p>  |
| <p>2:00 </p>   |   | <p>11:30 <b>Exercise</b></p>          | <p>11:30  SilverSneakers</p>  |   | <p>11:30  SilverSneakers</p>  | <p>11:30  SilverSneakers</p>  |
|  | <p>3:30 </p>  | <p>12:30  Lunch Time</p>              | <p>12:30  Lunch Time</p>  | <p>12:30  Lunch Time</p>  | <p>12:30  Lunch Time</p>  | <p>Christmas is  COMING</p>  |
|  | <p>2:00  Decorate The Library Christmas Tree</p>  | <p>2:00  Resident Council Meeting</p> | <p>2:30 </p>  | <p>2:30 </p>  | <p>2:00  Color Your Own Gingerbread House</p>                         |   |
|  | <p>3:30 <b>HAPPY HOUR</b></p>   | <p>4:00  Pet Therapy</p>              | <p>3:30  FOOTBALL SCHEDULE</p> <p>12:30 Lions vs. Bears</p> <p>4:30 Giants vs. Cowboys</p> <p>8:20 Dolphins vs. Packers</p> | <p>3:30 </p>  |   |   |